

01/01/2023

**FULL NAME, MD**

**NPI: 00000000**

WALTON FAM HEALTH CTR   
1894 WALTON AVE BRONX, NY 10453-6018

P: 718-583-3060

F: 718-583-3360

RE: **Patient Name**

DOB: 01/20/1949

P: 212-325-0045

ADDRESS: ABC 18TH STREET NEW YORK, NY 10003

HF: Member ID

**DX:**  **Left Knee Pain M25.562**

MD Last Name,

Mr. Patient Last Name was evaluated and has been under our care for left knee pain.

Based on our initial examination, which included a spatio-temporal gait assessment, ROM, functional tests and measures, balance, along with the degree and chronicity of pain, and the symptom’s impact on function; the patient was provided APOS therapy shoes to conservatively manage their symptoms. **The patient will be returning for recalibration and appropriate adjustments as needed to continue to treat symptoms.** As needed, we will recommend traditional PT with a provider of choice, or with our practice, should the patient choose to be treated by ProHealth.

APOS therapy (T1999) is a non-invasive customized footworn device proven to reduce pain and improve gait in patients with knee and back pathologies (*JAMA.* Reichenbach et al. 2020;323(18):1802-1812, PM&R. Lee et al. 2018; 836-842).

APOS is a covered service by this patient’s insurance for those who report knee and/or back pain or pathology. The individually customized therapy shoes are typically worn for 30-60 minutes a day inside, and each patient returns several times over the course of 12 months to make any needed adjustments in calibration or wearing schedule, to ensure proper and safe progression.

**Please sign on the bottom of the 2nd page and return fax to 800.655.3780**

Best regards,

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Your Name

ProHealth Patient Care Representative

**FULL NAME, MD**

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Skilled care to improve function and reduce pain

Traditional PT and APOS therapy T1999

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